

## Schema Therapy

### Summary of Workshop Dates 2019

Schema Therapy Workshops Ltd is a specialist provider of all levels of schema therapy training and is pleased to present this summary of our planned dates in 2019. You will be able to find registration/application details on our website pages. Our workshops are designed to either introduce you to the model, or to help you deepen your understanding and to build upon previous trainings and strengthen your skills. Our workshops are approved by the International Society of Schema Therapy (ISST) and can be attended as 'stand-alone' workshops or as part of our various certification programmes leading to accreditation as a schema therapist. To date, over 60 mental health professionals have achieved eligibility for ISST-accreditation as a schema therapist through our training programmes.

### Schema Therapy for Individuals

<b>Workshop 1 (3-day):</b> Schema Therapy: The Model, Methods & Techniques & Working with Complex Presentations including BPD	<b>Manchester</b> Mon, Tues & Wed, 4, 5, 6 March 2019	<b>London</b> Mon, Tues & Wed, 10, 11, 12 June 2019
<b>Alternative Workshop 1 (3-day):</b> Schema Therapy: The Model, Methods & Techniques & Working with Complex Presentations including BPD	<b>Manchester</b> Mon, Tues & Wed, 2, 3, 4 Sept 2019	
<b>Workshop 2 (3-day):</b> Schema Therapy: Beyond the Basics & Working with Complex Presentations including BPD and NPD	<b>Manchester</b> Mon, Tues & Wed, 17, 18, 19 June 2019	<b>London</b> Mon, Tues & Wed, 9, 10, 11 Sept 2019
<b>1-Day Workshop</b> Skills Development & final day of Certification Programme training (also open to non-certification candidates)  This workshop is split into 2 different subjects: (1) Structure and process of a typical schema therapy session (½ day) (2) Working with OCPD (½ day)	<b>Manchester</b> Thurs, 20 June 2019	<b>London</b> Thurs, 12 Sept 2019
Further workshops TBA	TBA	TBA

### Cost

**3-Day Workshop £492 (OR £450 Early Bird)**

**1-Day Workshop £164 (OR £150 Early Bird)**